

After Your Surgery

Scan the QR code for the surgery you had. Each page is available in English, Spanish, and Kreyòl.

What you will find on these pages: incision and dressing care, pain and swelling management, when to start moving your hand, when to return to work or driving, and when to call the office. If you had a different surgery than the ones listed here, scan the master QR code on the **Welcome** handout instead — all after-surgery pages are available online.



Carpal Tunnel Release



Trigger Finger Release



Distal Radius Surgery



Flexor Tendon Repair



Nerve Repair